

THE HERO PROJECT

FROM ANTHONY NOLAN

So, how does it feel to have just listened to a lifesaving talk? **Now you have the power to change people's lives.** Pretty amazing, right?

Flip this card around to find out how you can turn into a hero, starting today.

Anthony Nolan is the charity that makes lifesaving connections between people with blood cancer and incredible strangers ready to donate their stem cells.

**We're saving lives right now. Three lives a day, in fact.
But we can't do it without you. Without you, there is no cure.**

For more information, visit
anthonymolan.org/heroes

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NHS
Blood and Transplant

**ANTHONY
NOLAN** saving the lives
of people with
blood cancer

HEROES

NEEDED

CAPES NOT REQUIRED

There's so many ways you can be a hero for people with blood cancer:

1 SIGN UP AS A POTENTIAL STEM CELL DONOR

Find out more about what being a stem cell donor involves - you can even sign up online!

2 BECOME A YOUTH AMBASSADOR

Go the extra mile and volunteer as a Youth Ambassador to help spread the word at your school or college.

3 SAVE LIVES AT UNI

Headed to uni? Our student groups, Marrow, would love to have you on board.

4 RAISE LIFESAVING FUNDS

Every donor recruited costs the charity another £40. From bake sales to non-uniform days, have fun while you fundraise!

Visit anthonymolan.org/heroes to take any of these lifesaving steps.