

**FAQs - Knitting Every Day in May Challenge** 

## What does Anthony Nolan do?

Anthony Nolan saves and improves the lives of people with blood cancer and blood disorders. We do this by making lifesaving connections between patients and incredible strangers ready to donate their stem cells, funding ground-breaking research that could transform the future for more patients, and providing the best experience for every patient before, during and after transplant.

## How does my money make a difference?

Your money goes a long way in helping us save the lives of people with blood cancer and blood disorders. £40 could add a new potential stem cell donor onto our register.

### What do I receive for taking part in the challenge?

It's free to register and take part in the challenge, plus you'll receive an Anthony Nolan branded tote bag to carry your knitting needles as well as a tracker to track your progress. We ask you to aim to raise a minimum £175, that will go towards helping us save lives.

#### How do I fundraise?

When you signed up, you set up your very own Knit Every Day in May fundraising page. Make sure to update your page with your profile picture and story about why you're taking part, and

share it with everyone you know. Kickstart your fundraising by popping a donation on yourself – it'll show all your friends and family how dedicated you are to this challenge!

#### What do I need to do?

Set up your fundraising page, and prepare to Knit Every Day throughout May. Plan out how you're going to fit in your stitches – will you be a lunchtime knitter or an evening stitcher?

# How can I speak to other people taking part?

Join our dedicated <u>Facebook group</u> and you'll find regular updates from our lovely team, as well as fundraising tips and advice and support from other people taking on this **Knit Every Day in May** challenge.

## Who can take part?

Anyone! Complete your knitting your way and help to save lives. If you're under 18, you must take part with a parent or guardian.

